

## Grade Eight

This is an abstinence based program that will be taught by a Health and Physical Education Teacher who has been trained to provide information and answer questions about these topics. It will be their job to build upon the knowledge that the student has already learned from the previous grade. There will be presentations of factual and age appropriate information to students in gender separated classes.

### **OBJECTIVE**

- 8.1 The student will review the reproductive systems and be able to explain the process of fertilization through birth and factors associated with development.

### CONTENT

- I. Review terms and function of the reproductive systems
- II. Review the process of fertilization through birth
- III. Risk factors associated with teen pregnancy
- IV. Heredity
- V. Birth defects

### TEACHING STRATEGIES

1. The use of the health text, *Glencoe Teen Health 3*, Chapter 16 (p. 437-441, 455-459), and current materials will be used as resources for the above topics.

2. The use of a PowerPoint Presentation entitled, *The Process of Reproduction*, will be the primary means of introducing the above topics.
3. The use of recommended visual aid: Video – Fetal Development: A Nine-Month Journey.

## **OBJECTIVE**

- 8.2 The student will identify basic facts about sexually transmitted infections, focusing on complications and behavior.

## CONTENT

- I. Most common types of sexually transmitted infections (STI)
- II. Signs and symptoms of STIs
- III. Explanation and prevention of HIV/ AIDS

## TEACHING STRATEGIES

1. The use of the health text, *Glencoe Health 3*, Chapter 18 (p. 492-499), and current materials will be used as resources for the above topics.
2. The use of a PowerPoint Presentation entitled, *Sexually Transmitted Infections for Grade 8*, will be the primary means of introducing the subject matter.
3. The use of recommended visual aids: Video – A Million Teens.

## **OBJECTIVE**

8.3 The student will analyze the issues and consequences related to teenage sexual activity and teenage pregnancy.

### CONTENT

- I. The importance of abstinence
- II. Reasons teens may become sexually active
- III. Possible consequences of teens being sexually active
- IV. Reasons to postpone sexual activity

### TEACHING STRATEGIES

1. The use of the health text, *Glencoe Health 3*, Chapter 5 (p. 118-121) and Chapter 6 (p. 140-145), and current materials will be used as resources for the above topics.
2. The use of a PowerPoint Presentation entitled, *Consequences of Sexual Activity*, will be the primary means of introducing the subject matter.

## **OBJECTIVE**

8.4 The student will be able to discuss abuse and violence in relationships as it relates to date rape, club and designer drugs. (Electronic Harassment)

### CONTENT

- I. Forms and effects of abuse
- II. Abuse and violence in relationships

- III. Types of drugs used for date rape
- IV. Effects of date rape drugs
- V. How to get help and stay safe

#### TEACHING STRATEGIES

1. The use of the health text, *Glencoe Health 3*, Chapter 8 (p. 180-195), and Chapter 14 (p. 341-342) and current materials will be used as resources for the above topics.
2. The use of a PowerPoint Presentation entitled *Sexting, Cyber-Bullying and Dating Abuse* will be the primary means of introducing the subject matter.
3. The use of recommended visual aids: Videos – Sex Plus Text Equals Trouble and When Dating Turns Dangerous.