

**FAMILY LIFE EDUCATION**  
Fauquier County Public Schools  
**GRADE LEVEL OBJECTIVES 10**

The goals for the students of the Family Life Education Curriculum in Fauquier County, are to insure wholesome attitudes toward all aspects of human development; to aid the individuals in making educated and responsible life decisions; to continue to enhance the importance of the family unit and its role within the community; and to create an environment which will foster the development of a positive, self-assured individual who will eventually become a responsible, productive member of society.

Any parent or guardian may opt a student out of the Family Life curriculum. Any student who is opted out of the program will be given alternative educational activities, which will be accepted for credit, so that no student will be penalized for opting-out. Parents are welcome to observe class instruction. If you wish to observe any portion of the Family Life instruction, please make arrangements ahead of time with the teacher and/or principal. Copies of the Family Life Education Curriculum and materials are available for preview at your convenience beginning August 14, 2019 through September 25, 2019. The material will be located at the Alice Jane Childs Office Building (320 Hospital Drive, Warrenton, Va. 20186) Please call Nikki Jenkins at 540-422-7003 or Lorrie Freeman at 540-422-7025 to **set up an appointment**.

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Child's Name \_\_\_\_\_ Grade \_\_\_\_\_ School \_\_\_\_\_

**CHECK (A), (B), or (C)**

\_\_\_\_ A. I have read the attached objectives and I have no objection to my child's participation in the Family Life Education program.

\_\_\_\_ B. I have read the attached objectives and I would like my child OPTED-out of the Family Life Education program.

\_\_\_\_ C. I will be taking the opportunity to preview the materials at the SBO. I understand that I must have completed this prior to the deadline of September 25, 2019.

Date \_\_\_\_\_

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Phone Number

## GRADE 10

The Family Life Education objectives for tenth grade are listed below. The descriptive statements and the curriculum material are available for your review at the School Board Office.

G 10.1	The student will determine how maturation affects adolescents. (Emphasis is placed on the process of adolescent development as it relates to self-image, self-esteem, self-discipline, decision making processes, and sources of values.)
G 10.2	The student will describe his or her own attitudes concerning expectations of self and interpersonal relationships. (Appropriate friendships, dating or group activities, stages of developing relationships, and individual and family roles are stressed.)
G 10.3	The student will examine values, morals, and ethics essential to the growth and maintenance of positive human relationships. (The universal values of honesty, trustworthiness, self-control, and responsibility for self and others are stressed.)
G 10.4	The student will use the steps in the decision-making process to solve specific problems. (Instructions deals with the six steps of the decision-making process as they relate to personal, social, and peer pressure and to media messages.)
G 10.5	The student will recognize the need to abstain from premarital sexual intercourse. (Content focuses on the need to consider life-long goals in relation to pressures for present sexual activity.)
G 10.6	The student will recognize alternatives to premarital sexual intercourse for expressing feelings and affection. (Students are guided toward communicating feelings and affection through talking; expressing ideas, values, and goals.)
G 10.7	The student will explain the factors to be considered in preparing for dating and marriage. (Steps involved in relationships are identified, including friendships, dating and mate selection. Dating violence and abusive relationships are included.)
G 10.8	The student will examine factors to be considered in life-goal planning. (Discussion includes life-long career goals in relation to economic and continuing education, considering possibilities of marriage, and preparing for a family and/or career plans.)
G 10.9	The student will describe the signs and symptoms of pregnancy. (Instruction involves physical and psychological changes and the need for early detection of pregnancy through medical testing to ensure a healthy and successful pregnancy.)
G 10.10	The student will analyze the factors associated with a healthy pregnancy. (Content focuses on causes of low birth weight and use of alcohol and other drugs as well as the effects of STD's, including HIV.)
G 10.11	The student will explain the importance of supportive roles of the mother and father through pregnancy and birth. (Topics for discussion include the responsibilities of each parent in relation to proper prenatal care; and the effects of heredity.)
G 10.12	The student will describe available birthing options. (Birthing alternatives such as natural childbirth are discussed.)
G 10.13	The student will identify with the stages of birthing process. (The stages of the birthing process including the onset of the process and the three stages of labor and delivery are discussed.)
G 10.14	The student will analyze the skills and attitudes needed to become a competent parent. (Attitudes toward parenting styles and parenting skills are examined.)
G 10.15	The student will describe adjustments to be made after the birth of a child. (The joy of a newborn and its impact on the family are discussed.)
G 10.16	The student will compile a list of community agencies and resources available to assist individuals and families. (Examples of community resources, hot lines, etc. are compiled.)
G 10.17	The student will review the positive aspects of family life as a basic unit of society and as a means of personal development. ( Included is a review of family functions and forms.)