

Opt-Out Option:

In accordance with the Virginia Board of Education Guidelines for Family Life Education (FLE), an “opt-out” procedure shall be provided to ensure communication with the parent or guardian for permission for students to be excused from all or part of the program. This option is available to parents and guardians at any time during the school year before the child’s FLE program starts.

The alternatives for a student opting out of FLE are as follows:

The student may complete a non-family life oriented unit of health study selected by the Health Teacher. This project will use an independent study format.

The work completed will be assessed in a manner that is consistent with the normal practice in the school.

Parents or guardians wishing to remove their child from any or all portions of the FLE program should complete the “Opt-Out Form” on the opposite side of this page. Parents should contact their child’s school principal with any questions.

Community Involvement:

The Fluvanna County Public Schools Wellness Committee annually reviews the school division Family Life Curriculum and instructional resources. This committee is comprised of parents, community members, and representatives from health care.

Family Life Standards of Learning Fifth Grade:

- 5.1- The student will define the structure and function of the endocrine system.
- 5.2- The student will identify the human reproductive organs in relation to the total anatomy.
- 5.3- The student will explain how human beings reproduce.
- 5.4- The student will recognize the relationship between the physical changes that occur during puberty and the developing capacity for reproduction.
- 5.5- The student will realize the importance of nutrition for himself or herself and for pregnant women who need to eat nutritious foods and avoid dangerous substances while the baby is growing inside the uterus.
- 5.6- The student will identify reasons for avoiding sexual activity prior to marriage.
- 5.7- The student will describe the effects of personal hygiene on one’s self-concept.
- 5.8- The student will recognize the importance of contributing to a constructive group activity.
- 5.9- The student will develop an increased understanding of the roles, duties, and responsibilities of family members.
- 5.10- The student will examine the messages from mass media related to sexuality.
- 5.11- The student will develop skill in saying “no” to any social behavior or activity that he or she perceives as wrong for him or herself.
- 5.12- The student will recognize threatening or uncomfortable situations and how to react to them.
- 5.13- The student will explain the effects of substance use and abuse on the body.
- 5.14- The student will become aware of the existence of sexually transmitted infection.



**FLUVANNA COUNTY
PUBLIC SCHOOLS**

**Family Life
Education:**

FIFTH GRADE

Fluvanna Middle School
Dr. Meagan Tenia, Principal
3717 Central Plains Road
Palmyra, VA 22963
Phone: 434-510-1000

QUESTIONS?

If after reviewing this brochure, you have any questions or need additional information about the FLE program, please contact your child’s school principal.

Family Life Education: FIFTH GRADE

Parental Review of FLE Curriculum

In accordance with the Code of Virginia for Family Life Education (Code 22.1-207.2), parents and guardians have the right to review the family life education program offered by their school division, including written and audio-visual educational materials used in the program. Parents and guardians also have the right to excuse their child from all or part of family life education instruction.

A complete copy of all printed materials and a description of all audio-visual materials shall be kept in the school library or office and made available for review during school office hours before and during the school year. The audio-visual materials shall be made available for review, upon request, on the same basis as the printed materials are made available. Parents and guardians are encouraged to make arrangements through their child's school to review Family Life Education (FLE) materials.

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Code of Virginia Family Life Education: In 1987, §22.1-207.1 of the Code of Virginia was amended to direct the Board of Education to develop standards of learning and curriculum guidelines for a comprehensive, sequential family life education (FLE) curriculum in grades K through 12. From February 1987 to December 1987, individuals from public schools (including administrators and teachers), state agencies, parent groups, and not-for-profit organizations that provided family life services contributed time, resources, and expertise to help develop a report to submit to the Virginia General Assembly. The report Family Life Education: Board of Education's Response to House Bill No. 1413 included sections on the Board of Education guidelines for setting up a required FLE program, Standards of Learning objectives, and descriptive statements for grades kindergarten through 12, guidelines for training individuals that teach FLE, and for involving parents and community-based organizations in the local FLE program.

Each year when the General Assembly meets, they review the current law and pass legislation to add topics to the standards.

The program is abstinence based, meaning that as an educational or motivational component, it has as its exclusive purpose, to teach the social, psychological, and health gains to be realized by teenagers abstaining from sexual activity before marriage.

For a complete list of standards by grade-level go to: http://www.pen.k12.va.us/testing/sol/standards_docs/family_life/familylife_guidelines_standards.pdf

FLE Goals for Students in Special Education Classes

FLE goals for students in special education classes are the same as for students in general education; however, instruction involves a cooperative effort between special education and FLE teachers. Using the Individualized Education Program (IEP) process, the FLE curriculum can and should be modified and adapted to meet the individual needs of the student. FLE goals and objectives for students enrolled in special education classes are written in students' IEPs. Parents are encouraged to contact their child's teacher with any questions.

Family Life Education OPT-OUT FORM

If you wish to remove your child from all or part of the Fluvanna County Public Schools Family Life Education (FLE) program, please complete the form below, detach it from the brochure, and return it to your child's teacher within one (1) week of receipt.

_____ **Please excuse my child from the entire FLE program.**

_____ **Please excuse my child from the classroom during the time in which the following objectives are taught:** (Please specify the "FLE Learning Objectives" from which you would like your child to be excused. Objectives specific to your child's grade level are listed in the inside center column of this brochure.)

Student's Name	Grade
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Parent/Guardian Signature	Date
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Your child's teacher will be in touch with you in the near future to work out the details of your child's Opt-Out Plan.

If Applicable, DETACH AND RETURN

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