

Family Life Education

Dear Parents and Guardians:

During Health & Physical Education teachers will be teaching a unit on Family Life Education. Please read the following objectives, “opt out” procedure and review the SOL’s that will be covered during this unit.

Objective

Students will gain knowledge through class activities, discussion and assessments on topics related to Family Life Education as outlined in the Standards of Learning on the back page.

“Opt Out” Procedure

The General Assembly has mandated that all school divisions develop a Family Life Education Program. The regulations governing these programs, which were adopted by the Virginia State Board of Education, require that, an “opt out” procedure be established in which parents may elect for their children to be excused from all or part of the program.

In Spotsylvania County Schools, the Parent/Community Involvement Team identified objectives for the program. Parents may opt their children out of any activities associated with these objectives. Copies of objectives for each grade level will be available at each school, and parents are invited to obtain copies of these objectives. If parents wish their children to be excused from all or part of the program, they may complete the attached form and return it to their teacher. Before completing the form, parents may talk to with their teacher, who can explain the program objectives and answer questions. During the time missed from Family Life activities students will be given independent study assignments to be done in the school library.

Family Life “OPT OUT” Form

I ask that my child, _____, be excused from activities in the Family Life Program which are associated with the VDOE Standards of Learning: Please list SOL numbers from the back of the form:

Student’s name

School and Grade Level

Signature of Parent

Date

Family Life Education -9th grade Standards

- 9.1 The student will understand the human growth and development cycle.
- 9.2 The student will explain the importance of the family as a basic unit of society and his or her responsibility as a member of the family.
- 9.3 The student will recognize the development of sexuality as an aspect of the total personality.
- 9.4 The student will review and apply the decision-making process.
- 9.5 The student will review the nature and purposes of dating.
- 9.6 The student will realize the importance of setting standards for controlling sexual behavior and of postponing sexual relations until marriage.
- 9.7 The student will interpret the effects and prevention of sexual assault, rape (including date rape), incestuous behavior, and **molestation and human sex trafficking**.
- 9.8 The student will relate specific information on substance use and abuse to each stage of the life cycle.
- 9.9 The student will be able to explain the process of reproduction.
- 9.10 The student will demonstrate understanding of specific health issues, including the ability to conduct self-examinations.
- 9.11 The student will demonstrate knowledge of pregnancy prevention and disease control.
- 9.12 The student will explain the transmission and **prevention of HIV**.
- 9.13 The student will identify the effects of discrimination.
- 9.14 The student will begin to identify educational and career goals.