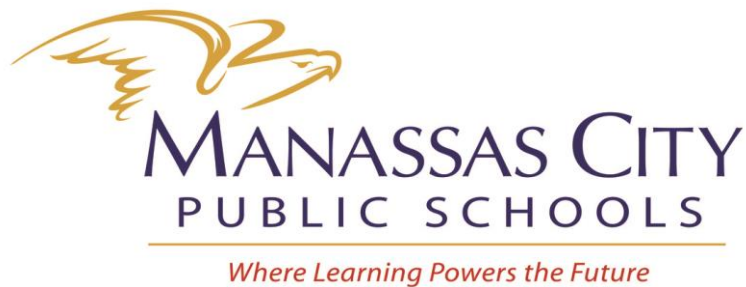


Family Life Education

*Standards of Learning
for
Manassas City Public Schools*

Manassas, Virginia 20110



Revised
April 2016

Family Life Education

Board of Education Guidelines
and
Standards of Learning
for Virginia Public Schools



Commonwealth of Virginia
Department of Education
Richmond, VA 23218-2120

Revised
June 2011
Updated December 2014

VIRGINIA STANDARDS OF LEARNING OBJECTIVES

KINDERGARTEN

- K.1 The student will experience success and positive feelings about self.
- K.2 The student will experience respect from and for others.
- K.3 The student will become aware of the effects of his or her behavior on others and the effects of others' behavior on himself or herself.
- K.4 The student will recognize that everyone is a member of a family and that families come in many forms.
- K.5 The student will identify members of his or her own family.
- K.6 The student will develop an awareness of positive ways in which family members show love, affection, respect, and appreciation for each other.
- K.7 The student will realize that physical affection can be an expression of friendship, of celebration, or of a loving family.
- K.8 The student will recognize the elements of good (positive or healthy) and bad (negative or unhealthy) touches by others.
- K.9 The student will demonstrate how to say "no" to inappropriate approaches from family members, neighbors, strangers, and others.
- K.10 The student will identify "feeling good" and "feeling bad."
- K.11 The student will find help safely.

VIRGINIA STANDARDS OF LEARNING OBJECTIVES

FIRST GRADE

- 1.1 The student will experience continuing success and positive feelings about self.
- 1.2 The student will experience continuing respect from others.
- 1.3 The student will become aware of the effects of his or her behavior on others and the effects of others' behavior on himself or herself
- 1.3 The student will develop an understanding of the importance of a family and of different family patterns.
- 1.4 The student will identify family members and their responsibilities in contributing to the successful functioning of the family.
- 1.6 The student will realize that human beings and other mammals have babies and that the babies can be breast-fed.
- 1.7 The student will use correct terminology when talking about body parts and functions
- 1.8 The student will express his or her feelings of happiness, sadness, and anger to the teacher.
- 1.9 The student will become aware of appropriate behavior to use in dealing with his or her feelings.
- 1.10 The student will experience the logical consequences of his or her behavior.
- 1.11 The student will realize that physical affection can be an expression of friendship, of celebration, or of a loving family.
- 1.12 The student will demonstrate strategies for responses to inappropriate approaches from family members, neighbors, strangers, and others.

VIRGINIA STANDARDS OF LEARNING OBJECTIVES

SECOND GRADE

- 2.1 The student will recognize that everyone has strengths and weaknesses and that all persons need to be accepted and appreciated as worthwhile.
- 2.2 The student will realize that adults other than parents also provide care and support for children.
- 2.3 The student will become aware that babies grow inside the mother's body in a special place called the uterus.
- 2.4 The student will become aware of the need to take responsibility for the effects of his or her behavior on others.
- 2.5 The student will demonstrate appropriate ways of dealing with feelings.
- 2.6 The student will realize that physical affection can be an expression of friendship, of celebration, or of a loving family.
- 2.7 The student will advance in readiness to say "no" and to tell a trusted adult, such as a parent, teacher, minister, grandparent, or guardian, in private about inappropriate approaches from family members, neighbors, strangers, and others.
- 2.8 The student will be conscious of how commercials use our emotions to make us want products.

VIRGINIA STANDARDS OF LEARNING OBJECTIVES

THIRD GRADE

- 3.1 The student will demonstrate a sense of belonging in group work and play.
- 3.2 The student will express what he or she likes about himself or herself to continue developing a positive self-image.
- 3.3 The student will become aware of the changes occurring in family life that affect daily living and produce strong feelings.
- 3.4 The student will give examples of healthy coping strategies for dealing with the feelings produced by changes in the family.
- 3.5 The student will identify and use correct terms for external body parts associated with reproduction and elimination.
- 3.6 The student will recognize that while all human beings grow and develop in a given sequence, rates and patterns vary with individuals.
- 3.7 The student will become aware that both a male and a female are necessary to have a baby.
- 3.8 The student will comprehend that the baby grows inside the mother's body for nine months and then is born.
- 3.9 The student will describe the types of behavior that enable him or her to gain friends or to lose friends.
- 3.10 The student will practice safety rules in the home.
- 3.11 The student will demonstrate to others how to respond appropriately to good touches and how to handle inappropriate approaches from relatives, neighbors, strangers, and others.
- 3.12 The student will be conscious of how commercials use our emotions to make us want products.

STANDARDS OF LEARNING OBJECTIVES

FOURTH GRADE

- 4.1 The student will be able to identify the human reproductive organs.
- 4.2 The student will identify physical changes that begin to occur during puberty.
- 4.3 The student will develop an awareness of human fertilization and prenatal development.
- 4.4 The student will identify basic human emotions and effective ways of dealing with them.
- 4.5 The student will develop awareness and acceptance of his or her strengths and weaknesses.
- 4.6 The student will become aware of the need to assume responsibility within the family and to function effectively as a family member.
- 4.7 The student will describe the factors surrounding child abuse and child neglect.
- 4.8 The student will identify factors contributing to the use of drugs.
- 4.9 The student will recognize the dangers of substance use and abuse.

VIRGINIA STANDARDS OF LEARNING OBJECTIVES

FIFTH GRADE

- 5.1 The student will define the structure and function of the endocrine system.
- 5.2 The student will identify the human reproductive organs in relation to the total anatomy.
- 5.3 The student will explain how human beings reproduce.
- 5.4 The student will recognize the relationship between the physical changes that occur during puberty and the developing capacity for reproduction.
- 5.5 The student will realize the importance of nutrition for himself or herself and for pregnant women who need to eat nutritious foods and avoid dangerous substances while the baby is growing inside the uterus.
- 5.6 The student will identify reasons for avoiding sexual activity prior to marriage.
- 5.7 The student will describe the effects of personal hygiene on one's self-concept.
- 5.8 The student will recognize the importance of contributing to a constructive group activity.
- 5.9 The student will develop an increased understanding of the roles, duties, and responsibilities of family members.
- 5.10 The student will examine the messages from mass media related to sexuality.
- 5.11 The student will develop skill in saying "no" to any social behavior or activity that he or she perceives as wrong for him or herself.
- 5.12 The student will recognize threatening or uncomfortable situations and how to react to them.
- 5.13 The student will explain the effects of substance use and abuse on the body.
- 5.14 The student will become aware of the existence of sexually transmitted infection.

VIRGINIA STANDARDS OF LEARNING OBJECTIVES

SIXTH GRADE

- 6.1 The student will understand personal hygiene practices and to the physical changes that occur during puberty.
- 6.2 The student will explain the effects of growth on development, attitudes and interests.
- 6.3 The student will continue to identify physical and emotional changes that occur during puberty and their effects on growth and development.
- 6.4 The student will recall basic facts about sexually transmitted infections
- 6.5 The student will be able to describe the etiology, effects, and transmission of HIV.
- 6.6 The student will summarize the process of human reproduction and the benefits of postponing premarital sexual activity.
- 6.7 The student will describe personal characteristics that can contribute to happiness for self and others.
- 6.8 The student will demonstrate increased understanding of child abuse and neglect, including emotional and sexual abuse.
- 6.9 The student will become aware of community healthcare and safety agencies and their functions.
- 6.10 The student will explain the effects of substance use and abuse on the individual, family, school, and society.
- 6.11 The student will evaluate the messages from mass media related to sexuality and gender stereotyping.
- 6.12 The student will apply decision-making skills in problem-solving and in determining the possible outcomes of his or her decisions.

VIRGINIA STANDARDS OF LEARNING OBJECTIVES

SEVENTH GRADE

- 7.1 The student will identify his or her role and relationships within the family.
- 7.2 The student will recognize the physical development of his or her sex characteristics and how they affect emotional and social growth.
- 7.3 The student will realize that physical affection does not have to be sexual, but it also can be an expression of friendship, of celebration, or of a loving family.
- 7.4 The student will recognize that sexual behaviors are conscious decisions; that it is important to say "no" to premarital, abusive, and inappropriate sexual relationships; and that appropriate relationships are based on mutual respect, trust, and caring.
- 7.5 The student will identify messages in society related to sexuality.
- 7.6 The student will be aware of the consequences of preteen and teenage sexual intercourse.
- 7.7 The student will list the adverse consequences of a pregnancy in early adolescence, as well as the positive benefits of postponing pregnancy until marriage.
- 7.8 The student will describe the signs and symptoms of pregnancy.
- 7.9 The student will develop an understanding of and responsibility for family planning.
- 7.10 The student will explain techniques for preventing and reporting sexual assault and molestation.
- 7.11 The student will identify causes, symptoms, treatment, prevention, and transmission of sexually transmitted infections, including HIV.
- 7.12 The student will identify the issues associated with friendships.
- 7.13 The student will realize the role of peers and the peer group during adolescence, and the nature and purpose of dating.
- 7.14 The student will recognize contributions of various racial and ethnic groups to family life and society.
- 7.15 The student will increase his or her ability to listen to different points of view and to accept the rights of others to a differing point of view.

VIRGINIA STANDARDS OF LEARNING OBJECTIVES

EIGHTH GRADE

- 8.1 The student will relate stages of human development to his or her own developmental level.
- 8.2 The student will recognize the development of sexuality as an aspect of the total personality.
- 8.3 The student will become aware of the need to think through decisions and to take responsibility for them.
- 8.4 The student will identify the issues associated with friendships.
- 8.5 The student will recognize the nature of dating during adolescence.
- 8.6 The student will interpret the messages in society related to sexuality.
- 8.7 The student will describe strategies for saying "no" to premarital sexual relations.
- 8.8 The student will develop the coping skills needed to deal with stress
- 8.9 The student will identify the stresses related to changing relationships in the home, school, and community.
- 8.10 The student will analyze the issues related to teenage pregnancy.
- 8.11 The student will review facts about pregnancy prevention and disease control.
- 8.12 The student will describe the effects of alcohol and drug use and abuse on families and peer relationships.
- 8.13 The student will identify the effects and prevention of sexual assault, rape (including date rape), incestuous behavior, and molestation.
- 8.14 The student will recall the ways in which the HIV virus is transmitted and prevented.

VIRGINIA STANDARDS OF LEARNING OBJECTIVES

NINTH GRADE

- 9.1 The student will understand the human growth and development cycle.
- 9.2 The student will explain the importance of the family as a basic unit of society and his or her responsibility as a member of the family.
- 9.3 The student will recognize the development of sexuality as an aspect of the total personality.
- 9.4 The student will review and apply the decision-making process.
- 9.5 The student will review the nature and purposes of dating.
- 9.6 The student will realize the importance of setting standards for controlling sexual behavior and of postponing sexual relations until marriage.
- 9.7 The student will interpret the effects and prevention of sexual assault, rape (including date rape), incestuous behavior, and molestation.
- 9.8 The student will relate specific information on substance use and abuse to each stage of the life cycle.
- 9.9 The student will be able to explain the process of reproduction
- 9.10 The student will demonstrate understanding of specific health issues, including the ability to conduct self-examinations.
- 9.11 The student will demonstrate knowledge of pregnancy prevention and disease control.
- 9.12 The student will explain the transmission and prevention of the HIV.
- 9.13 The student will identify the effects of discrimination.
- 9.14 The student will begin to identify educational and career goals.

VIRGINIA STANDARDS OF LEARNING OBJECTIVES

TENTH GRADE

- 10.1 The student will determine how maturation affects adolescents.
- 10.2 The student will describe his or her own attitudes concerning expectations of self and interpersonal relationships.
- 10.3 The student will examine values, morals, and ethics essential to the growth and maintenance of positive human relationships.
- 10.4 The student will use the steps in the decision-making process to solve specific problems.
- 10.5 The student will recognize the benefits of abstaining from premarital sexual intercourse.
- 10.6 The student will recognize alternatives to premarital sexual activity for expressing feelings and affection.
- 10.7 The student will explain the factors to be considered in preparing for dating and marriage.
- 10.8 The student will examine factors to be considered in life-goal planning.
- 10.9 The student will describe the signs and symptoms of pregnancy.
- 10.10 The student will analyze the factors associated with a healthy pregnancy.
- 10.11 The student will explain the importance of supportive roles of the mother and father through pregnancy and birth.
- 10.12 The student will describe available birthing options.
- 10.13 The student will identify the stages of the birthing process.
- 10.14 The student will analyze the skills and attitudes needed to become a competent parent.
- 10.15 The student will describe adjustments to be made after the birth of a child.
- 10.16 The student will compile a list of community agencies and resources available to assist individuals and families.
- 10.17 The student will review the positive aspects of family life as a basic unit of society and as a means of personal development.