## FAMILY LIFE CURRICULUM: KINDERGARTEN

- K.1 The student will experience success and positive feelings about self.
  - Kindergarten students will participate in an "I Am Special Me" unit. Teachers will help children recognize self-worth, responsibilities and celebrate accomplishments throughout the year.
- K.2 The student will experience respect from and for others.
  - Discussion will include what characteristics make a good class and/or a good citizen. Monthly character words are discussed daily to help children understand appropriate behaviors in the class setting.
- K.3 The student will become aware of the effects of his or her behavior on others and the effects of others' behavior on himself or herself.
  - Throughout the year, children will understand that their choices affect others and choices that other children make will affect them.
- K.4 The student will recognize that everyone is a member of a family and that families come in many forms.
  - See K.6
- K.5 The student will identify members of his or her own family.
  - See K.6
- K.6 The student will develop an awareness of positive ways in which family members show love, affection, respect, and appreciation for each other.
  - Kindergarten children will participate in a "Friends/Family" unit. Children will identify
    members of his/her family and the responsibilities of each member. Emphasis is put on
    similarities of the family dynamics. For example, families are a source of love,
    encouragement, support and guidance.
- K.7 The student will realize that physical affection can be an expression of friendship, of celebration, or of a loving family.
  - Throughout the year, we discuss appropriate signs of affection such as high-fives, hugs, pats on the back, smiles, and hand-holding. The expressions for family may be different than for friends.
- K.8 The student will recognize the elements of good and bad touches by others.
  - See K.9
- K.9 The student will demonstrate how to say "no" to inappropriate approaches from family members, neighbors, strangers, and others.
  - During instructional units such as "Friends/Family" and "Community Helpers" teachers
    will explain that it is okay for the child to say "no" to anyone who makes them feel
    uncomfortable.
- K.10 The student will identify "feeling good" and "feeling bad".
  - The children will be encouraged to express emotions such as happy, sad, mad, angry, tired, upset, sorry, jealous and EXCITED!!
- K.11 The student will find help safely if lost.
  - During instructional units such as "The Gingerbread Man" and "Community Helpers" children will learn to ask a "trusted" adult if he/she is lost or needs help.