

Handling Threatening Situations

Learning Target

I will recognize threatening or uncomfortable situations and know how to respond to them.



VIRGINIA BEACH CITY PUBLIC SCHOOLS
CHARTING THE COURSE

Warnings

1. Don't talk to strangers.
2. Don't get in a car with a stranger.
3. Don't take candy or anything else from a stranger.



Key Terms

- **Stranger:** anyone that your family doesn't know well.
- **Safe Stranger:** people children can ask for help when they need it, including teachers, principals, police officers and firefighters.
- **Assertiveness Skills:** strategies to be used when acting in a boldly self-confident or self-protective manner
- **Potentially Harmful Situation:** a situation or condition which may lead to or evolve into possible danger, harm or injury

Students Have Rights Concerning Unwanted Touching

- You have the right to stop anyone from touching your body in a way that makes you feel uncomfortable, even hugs and kisses from people you know.
- There are things to do to stop unwanted touching.
- There are people to help you if someone does touch you in a way you don't feel right about.

When Should You Say “No”?

When someone touches you in a way in which you don't feel comfortable.

Who are some trusted adults you could turn to when the situation arises?

How to Say “No” Without Stating A Reason

- Role Playing Scenes:
 - A solitary walk
 - A stranger at the door
 - An obscene or prank phone call or text message
 - When a child walks off unattended to the toy department or the restroom

How to Handle Dangerous Situations

- No – Say NO
- Go- Run Away
- Yell – As loud as you can, and tell a trusted adult

ASSERTIVE TECHNIQUES

You have the right to not answer the phone or door or give assistance to person that you do not know.

You should realize that making loud negative noises and saying "no" emphatically are assertive skills that can be used to draw attention to an abusive or potentially abusive situation.

Using such techniques as kicking, biting or hitting may give a child time to run away from an abusive adult and get help.

THE FIRST STEP IN SAYING "NO"

Directions: In each of the following situations, write what you would do or say to protect yourself. Begin each statement by saying "NO."

1. You're playing outside alone. A stranger stops in front of your house and asks you to go with him to show him how to find a street in your neighborhood.
2. You're walking alone, and someone you are slightly acquainted with offers you a ride home.
3. You're home alone, and someone knocks at the door. He tells you he needs to enter the house for some reason. Your parents have not told you that anyone is coming.
4. You feel very uncomfortable about the way a family friend is kissing and hugging you.
5. At the shopping mall, someone sees you admiring computer games and tells you to come with him/her to play the games he/she has at home.
6. You're home alone. The phone rings/or you receive a text message. The person mentions that they know that you are alone. He/she begins to say or text information that make you feel uncomfortable.

3-2-1

- **3 new things you learned today**
- **2 things that connected to you in this lesson**
- **1 question you have about anything in this lesson**



I HAVE A QUESTION.....

We strongly encourage you to discuss the information contained in this lesson with your parent/guardian or trusted adult.



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