

Dating Relationships and Boundaries

Learning Target:

I will identify pressures and guidelines that are associated with dating situations, including abuse and exploitation, and identify strategies for prevention, including resources for help.



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**WHAT PERSONALITY
CHARACTERISTICS DO YOU
VALUE IN A DATING
SITUATION?**





Attributes

- **MUTUAL RESPECT**
- **TRUST**
- **COMMUNICATION SKILLS**
- **PERSONAL BOUNDARIES**



PURPOSE FOR DATING

Dating helps identify positive characteristics in humans for a more committed relationship, such as marriage.

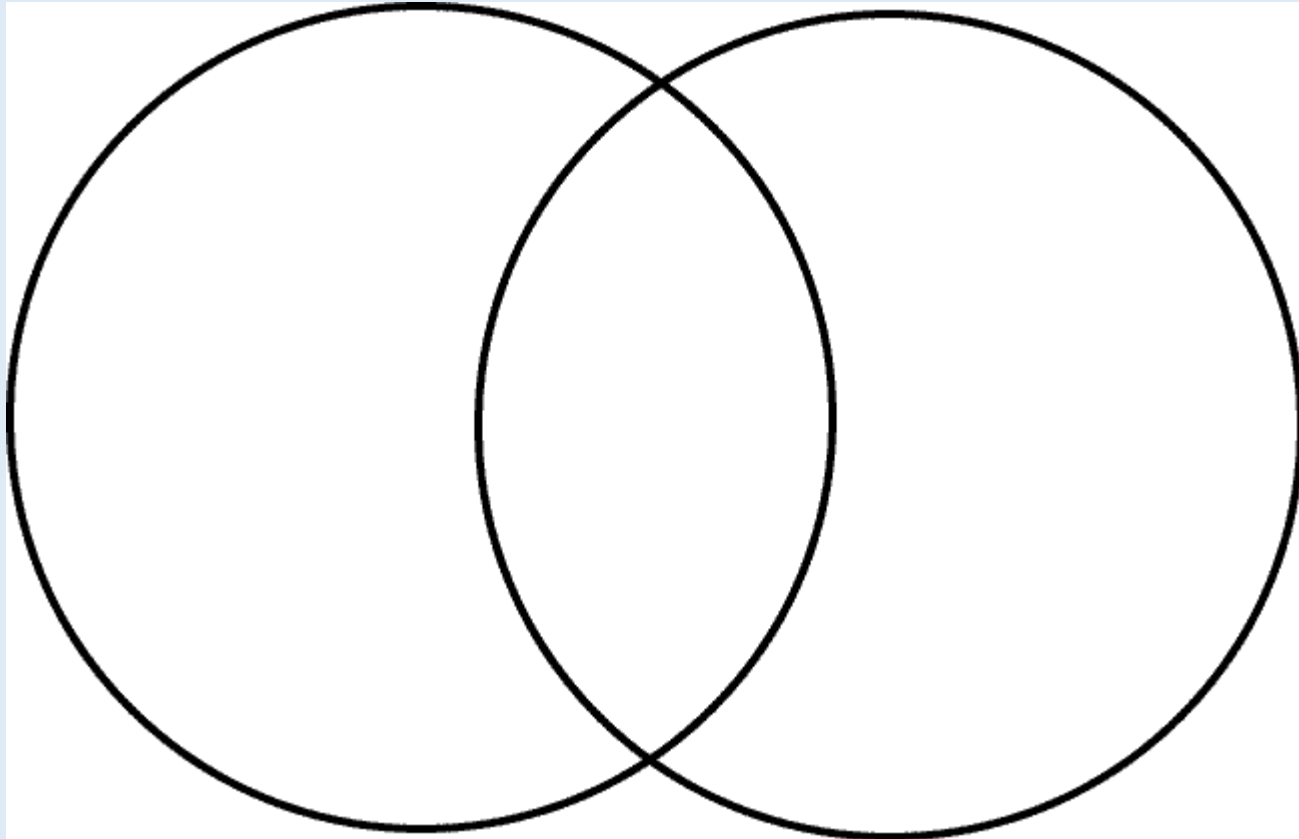
SIGNS OF UNHEALTHY BOUNDARIES

- **Letting others define you.**
- **Going against your personal values or rights to please another person.**
- **Loss of respect.**
- **Dishonesty and/or secrecy.**
- **Jealousy and/or insecurity.**
- **Possessiveness and/or controlling behavior.**
- **Verbal, mental, emotional or physical abuse.**

Key Terms

- **Assertiveness:** Saying what you feel honestly and directly without purposefully harming others
- **Date Rape:** The situation in which a victim is forced to have sexual relations with someone on a date
- **Incest:** Sexual relations between two people related by birth
- **Molestation:** Refers to acts of sexual assault; may include forced sexual intercourse or may refer to forced sexual contact other than intercourse
- **Rape:** Forced sexual intercourse
- **Sexual Assault:** Any physical contact or activity of a sexual nature which is forced on a person

Two Situations: A Compare and Contrast Activity



Teen Dating Violence

Real Girls, Real Stories: Sarah's Story

<https://www.youtube.com/watch?v=g7PxvpFeXDY>



Exploitive Sexual Situations

Exploitive situations can involve offering money or privileges for a variety of inappropriate actions. Harassment, exhibitionism, voyeurism, viewing of pornography and physical contact (assault) rob a person of his/her personal rights and cause the victim to experience negative emotional feelings.



<https://sso.nbclearn.com/secure/playcuecard.do?si=VBSchools.com&cuecard=110100>

Human Trafficking

The recruitment, transport, transfer, harboring, or receipt of a person by such means as threat or use of force or other forms of coercion, of abduction or fraud or deception for the purpose of exploitation.



Source: FBI 2013

Human Trafficking: Pathways to Entry

- Parents making children help pay rent or other bills.
- Parents selling children.
- Kidnapping, violence and force
- Seduction and coercion
- False advertising for modeling, acting, dancing, or other teenage job opportunities
- Peer recruitment
- Internet enticement through chat rooms or profile-sharing sites



Code of Virginia



§ 18.2-357.1. Commercial sex trafficking; penalties

A. Any person who, with the intent to receive money or other valuable thing or to assist another in receiving money or other valuable thing from the earnings of a person from prostitution or unlawful sexual intercourse in violation of subsection A of § 18.2-346, solicits, invites, recruits, encourages, or otherwise causes or attempts to cause a person to violate subsection A of § 18.2-346 is guilty of a Class 5 felony.

B. Any person who violates subsection A through the use of force, intimidation, or deception is guilty of a Class 4 felony.

C. Any adult who violates subsection A with a person under the age of 18 is guilty of a Class 3 felony.

2015, cc. 690, 691.

Legal Implications

- The Commonwealth of Virginia has specific laws that relate to sexual behavior and sexual offenses.
- The Virginia Code- Title 18 addresses people who forcibly engage in sexual intercourse, sexual abuse, and assault.
- Crimes that are declared to be a felony are punishable by death or imprisonment in a state or federal penitentiary.



Preventing Human Trafficking



SAFETY GUIDELINES

- **Do not travel alone if possible.**
- **Travel on populated streets and avoid isolated areas.**
- **If you are being followed, contact your parents/guardians immediately or dial 911.**
- **Do NOT accept rides from or give rides to strangers.**
- **Always make arrangements for your ride home BEFORE you go out.**
- **Do not provide personal information when communicating with strangers.**
- **Stay inside your car if it breaks down, with doors locked and flashers on, until help arrives.**
- **Always let someone know where you are.**



CHOICES

RESPONSIBILITY

ASSERTIVENESS

SOURCES OF HELP

- **Communicate to parents, guardians or other family member.**
- **School – Report to a teacher, coach, counselor, sponsor, nurse, etc.**
- **Community – Church, Rec Centers, Boys and Girls Club, Youth Group Leader, etc.**

✓ **The key is to alert a trusted adult!**

<http://www.cbsnews.com/news/teen-dating-violence-where-to-get-help/>

Important Reminder

If you have a difficult decision, you should involve your parent/guardian or a trusted adult in the decision-making process.



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I HAVE A QUESTION.....

We strongly encourage you to discuss the information contained in this lesson with your parent/guardian or trusted adult.



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