



STANDARDS OF LEARNING OBJECTIVES AND DESCRIPTIVE STATEMENTS NINTH GRADE
VDOE Guidelines - Updated 7/29/20

*"Parents and guardians have the right to review the family life education program offered by their school division, including written and audio-visual educational materials used in the program.
 Parents and guardians also have the right to excuse their child from all or part of family life education instruction."*

Grade Standard	What needs to be addressed?	Who is responsible for instruction? (PE Teacher, Counselor, Instructional Technology Coordinator, Classroom Teacher)	What resources are being used?	Which qtr. is it addressed in?
9.1	<p>9.1 The student will understand the human growth and development cycle. <u>Descriptive Statement:</u> Information about developmental levels throughout the life cycle- prenatal, infant, toddler, pre-kindergarten, school-age, adolescent, young adult, middle-age, and elderly-is related to the complexity of childrearing and to the need for maturity before parenthood. Life-stage development is also presented to help students gain appreciation of their own development.</p>	PE	Discussed during Erik Erikson's 8 stages of development.(10th Grade) Stages 1-4 Stages 5-8 All 8 Stages	3-4
9.2	<p>9.2 The student will explain the importance of the family as a basic unit of society and his or her responsibility as a member of the family. <u>Descriptive Statement:</u> Topics include the function of the family, family forms, family strengths, family influences on society, and instruction in the value of family relationships. The benefits, challenges, responsibilities, and value of marriage for men, women, and children, and communities in society will be included.</p>	PE	Values lesson in 9th grade health Class discussion	2-3
9.3	<p>9.3 The student will recognize the development of sexuality as an aspect of the total personality. <u>Descriptive Statement:</u> Discussion focuses on the development of one's sexual identity. Internal and external conflicts associated with problems of sexual identity</p>	PE	Discussed in stage 5 (adolescent stage) of Erik Erikson's psychosocial development (10th Grade) Stages 1-4 Stages 5-8	3-4

	are addressed.		All 8 Stages Adolescence Stage Handout	
9.4	<p>9.4 The student will review and apply the decision-making process.</p> <p><u>Descriptive Statement:</u> Students practice methods of gathering information and applying the decision-making process in practical situations. Emphasis is placed on the need for parental guidance, family and personal values, knowledge, positive mental health practices, and reason as bases for decision-making.</p>	PE	<p>Nutrition (Fast food Webquest), Anti-bullying lesson, Mental Health (depression, eating disorders)</p> <p>Fast Food Project</p> <p>Health Articles - Anxiety, Depression, Body Image and Self Esteem, Preventing Stress</p>	2-3
9.5	<p>9.5 The student will review the nature and purposes of dating.</p> <p><u>Descriptive Statement:</u> Topics include understanding family guidelines related to dating, the functions of dating, and coping with the pressures experienced in dating situations. Students will discuss the signs of dating violence, sexual violence, physically and mentally abusive relationships, and the law and meaning of consent prior to sexual activity. Discussion may focus on the importance of group dating, rather than dating as a couple, in early adolescence.</p>	PE	<p>Date Rape unit in 10th grade, Sexual relationships and dating violence in 9th grade.</p> <p>Teen Dating Violence</p>	2,3,4
9.6	<p>9.6 The student will realize the importance of setting standards for controlling sexual behavior and of postponing sexual relations until marriage.</p> <p><u>Descriptive Statement:</u> The physical, emotional, social, psychological and economic consequences of premarital sexual relations continue to be emphasized along with reinforcement of assertive skills and ways to say "no" in terms that will enable the student to resist pressure from other teenagers and manage his or her own feelings and behavior. Instruction includes discussion regarding the law and meaning of consent. Emphasis is placed on an increased awareness that consent is required before any kind of sexual activity.</p>	PE	<p>STI Video in 9th grade</p> <p>Teens, Sex, and STI's</p> <p>Birth Control: Myths & Methods (4th Edition)</p> <p>Health Articles - FLE</p>	2-3
9.7	<p>9.7 The student will interpret the effects and prevention of sexual assault, rape (including date rape), incestuous behavior, and molestation, and human sex trafficking.</p> <p><u>Descriptive Statement:</u> This is a review of the use of assertive skills, conflict resolution, avoidance of risk situations, and referral services in the community. In addition to identifying such factors, the student explains or interprets them to others. The student will demonstrate proper approaches to dealing with physically and mentally abusive relationships. The student will identify the appropriate and inappropriate use of electronic devices. Instruction includes the legal implications for inducing someone to engage in commercial sex (i.e., purchaser, John, inducer). Instruction includes recognizing red flags of human trafficking victims,</p>	PE	<p>Date Rape unit in 10th grade. 9th Grade has a lesson on how to report abusive relationships, inappropriate touching, and incestuous behavior.</p> <p>Health Articles - FLE</p>	2.3.4

	understanding the types of trafficking, and knowing how to safely and responsibly report a human trafficking situation.			
9.8	<p>9.8 The student will relate specific information on substance use and abuse to each stage of the life cycle.</p> <p><u>Descriptive Statement:</u> Emphasis is on substance use and abuse during pregnancy, puberty, and adolescence and its general effect on daily functioning.</p>	PE	9th Grade Drugs/Alcohol Unit, Toxic Dads article in 10th grade, Prenatal Parenting worksheet in 10th grade. Toxic Dads Article Prenatal Parenting Handout Drug Presentation 9th	2.3.4
9.9	<p>9.9 The student will be able to explain the process of reproduction.</p> <p><u>Descriptive Statement:</u> Instructional components include anatomy, physiology, conception, fertility, fetal development, childbirth, and prenatal care.</p>	PE	Babies world videos in 10th grade, Contraception Video in 9th grade. Birth Control: Myths & Methods (4th Edition) The Truth About Sex (School Version) AIMS Multimedia	2.3.4
9.10	<p>9.10 The student will demonstrate understanding of specific health issues, including the ability to conduct self-examinations.</p> <p><u>Descriptive Statement:</u> The focus is on factual information about menstruation, proper use of feminine hygiene products in relationship to cleanliness, pre-menstrual syndrome, menopause, and male- and female-specific concerns. Disease prevention through self-assessment and self-examination is reinforced with emphasis on breast and testicular self-examination.</p>	PE	Class Discussion and/or individual discussions as needed	2-3-4
9.11	<p>9.11 The student will demonstrate knowledge of pregnancy prevention and disease control.</p> <p><u>Descriptive Statement:</u> Topics include planning for adult relationships, a review of factors to consider in planning for a family, misconceptions about contraception, a review of methods of contraception in relation to effectiveness in pregnancy prevention and disease control, and the decisions associated with contraception. Abortion is not presented as a method of birth control, but spontaneous abortion or miscarriage is explained and the risks of induced abortion are analyzed.</p>	PE	9th Grade Contraception Video Teens, Sex, and STI's The Truth About Sex (School Version) AIMS Multimedia	2-3
9.12	<p>9.12 The student will explain the transmission and prevention of the HIV.</p> <p><u>Descriptive Statement:</u> This is a review of the ways in which HIV is transmitted and the techniques for preventing this disease.</p>	PE	9th Grade STI Video Teens, Sex, and STI's	2-3
9.13	<p>9.13 The student will identify the effects of discrimination.</p>	PE	Values lesson in 9th grade	2-3

	<u>Descriptive Statement:</u> The teacher helps students identify forms of discrimination and the consequences of discrimination on individual and family life. Discussion focuses on the value and importance of differences among individuals and families. The effects of discrimination on a person's mental health will also be discussed			
9.14	9.14 The student will begin to identify educational and career goals. <u>Descriptive Statement:</u> Students formulate educational and career objectives. A "life goals" project provides the structure for achieving this objective and students complete activities that enable them to gain insight into the variety of personal and career options available to males and females. Students will discuss the impact of use of social networking sites on career goals.	PE	When 8th graders were at GMHS we did a career unit. In 9th and 10th grade Judy Bracken does a career unit.	2,3,4

STANDARDS OF LEARNING OBJECTIVES AND DESCRIPTIVE STATEMENTS TENTH GRADE

Grade Standard	What needs to be addressed?	Who is responsible for instruction? (PE Teacher, Counselor, Instructional Technology Coordinator, Classroom Teacher)	What resources are being used?	Which qtr. is it addressed in?
10.1	10.1 The student will determine how maturation affects adolescents. <u>Descriptive Statement:</u> Emphasis is placed on the process of adolescent development as it relates to self-image, self-esteem, physiological changes, identification of human needs, constructive responses to emotions, positive mental health practices, the decision-making process, sources of values, and self-discipline.	PE	10th grade Erik Erikson Unit (Stage 5 - adolescent stage). Stages 5-8 All 8 Stages	3-4
10.2	10.2 The student will describe his or her own attitudes concerning expectations of self and interpersonal relationships. <u>Descriptive Statement:</u> Appropriate friendships, dating or group activities, stages of developing relationships, assertiveness, types of love, communication, and individual and family roles are stressed. Discussion will include the expectations of virtual relationships.	PE	Parenting Styles Worksheet in 10th grade, Dating Safety in 10th grade. Parenting Styles Parenting Senarios	3-4
10.3	10.3 The student will examine values, morals, and ethics essential to the growth and maintenance of positive human relationships. <u>Descriptive Statement:</u> The universal values of honesty, trustworthiness, self-control,	PE	Personal Values lesson in 9th grade, Erik Erikson's stages of psychosocial development	2,3,4

	responsibility for self and others, and social justice are discussed as well as the development of moral and ethical systems. The law and meaning of consent for sexual activity are discussed to increase awareness that consent is required before sexual activity along with the social, emotional, and relational impact surrounding sexuality and the virtues of respecting others right to say no. Content will also focus on the prevention of sexual harassment using electronic means. Students will understand the tenets of positive human relationships and that when force, fraud, or coercion are introduced, there is a potential for abuse including human trafficking.		https://app.schoology.com/course/1224605918/materials/gp/1224605982	
10.4	<p>10.4 The student will use the steps in the decision-making process to solve specific problems.</p> <p><u>Descriptive Statement:</u> Instruction deals with the six steps of the decision-making process as they relate to personal, social, and peer pressures and to media messages. These steps include: identifying the problem; listing all possible alternatives; evaluating the alternatives and their consequences based on personal and familial beliefs as well as societal values; choosing an alternative that promotes the good in self, others, and society; acting on the decision; and evaluating the results. Resources in the community that can assist in evaluating alternatives are identified.</p>	PE	<p>We talk about decision making in 9th and 10th grade, but not specifically the six-step approach.</p> <p>Critical Thinking Skills</p>	2,3,4
10.5	<p>10.5 The student will recognize the benefits of abstaining from premarital sexual intercourse.</p> <p><u>Descriptive Statement:</u> Content focuses on the need to consider lifelong goals in relation to pressures for present sexual activity. Topics include readiness for parenthood, the consequences of unintended pregnancy, the effects of sexually transmitted infections, the impact on reputation, mental health and on present and future goals, the importance of adhering to family values, the need to complete educational plans, the burdens of financial responsibilities, and interference with future goals and job opportunities. The positive benefits of postponing sexual activity until marriage are emphasized. Students will identify personal, educational and career goals and the impact an unplanned pregnancy or sexually transmitted infection would have on these goals. In addition, abstinence continues to be emphasized as the only method that is 100 percent effective in preventing pregnancy.</p>	PE	<p>Contraception and STI video in 9th grade Teens, Sex, and STI's Birth Control: Myths & Methods (4th Edition)</p>	2,3
10.6	<p>10.6 The student will recognize alternatives to premarital sexual activity for expressing feelings and affection.</p> <p><u>Descriptive Statement:</u> Students are guided toward communicating feelings and affection through talking; through expressing ideas, values, and goals; through social</p>	PE	<p>Erik Erikson's Adolescent stage 5 Adolescence Stage Handout Stages 5-8 All 8 Stages</p>	3-4

	and recreational contacts and community service; and through positive body language, caring gestures, and other positive mental health practices, rather than through premarital sexual activity.			
10.7	<p>10.7 The student will explain the factors to be considered in preparing for dating and marriage.</p> <p><u>Descriptive Statement:</u> Steps involved in relationships are identified, including friendships; dating (casual, double/group, single, blind, steady, and leading to marriage); and mate selection. Steps to developing positive, healthy relationships will also be discussed. Instruction includes the meaning of consent for sexual activity, respecting others right to say no, the social and emotional impact of sexual activity, and identifying the characteristics of dating violence and abusive relationships. The importance of respecting privacy and boundaries for self and others is reviewed and tools are provided to ensure that the student respects the personal privacy and boundaries of others.</p>	PE	<p>Erik Erikson's stages 5-6</p> <p>Adolescence Stage Handout</p> <p>Stages 5-8</p> <p>All 8 Stages</p>	3-4
10.8	<p>10.8 The student will examine factors to be considered in life-goal planning.</p> <p><u>Descriptive Statement:</u> Discussion includes lifelong career goals in relation to economics and continuing education, considering the possibilities of marriage and preparing for a family, and/or career development plans. Family planning, including methods of contraception, is reviewed.</p>	PE	<p>Erik Erikson's stages 6-7</p> <p>Stages 5-8</p> <p>All 8 Stages</p>	3-4
10.9	<p>10.9 The student will describe the signs and symptoms of pregnancy.</p> <p><u>Descriptive Statement:</u> Instruction involves physical and psychological changes and the need for early detection of pregnancy through medical testing to ensure a healthy and successful pregnancy. Community resources for testing and/or further information are identified.</p>	PE	<p>Babies world parts 1-3, Prenatal parenting worksheet, toxic dads article, the miracle of life video</p>	3-4
10.10	<p>10.10 The student will analyze the factors associated with a healthy pregnancy.</p> <p><u>Descriptive Statement:</u> Content focuses on causes of low birth weight such as smoking, poor nutrition, and use and abuse of alcohol and other drugs, as well as the effects of sexually transmitted infections, including HIV. Other consequences of good and poor health habits, including the importance of quality prenatal care, are stressed.</p>	PE	<p>Toxic Dads Article (10th Grade), Prenatal parenting worksheet, STI and Contraception Videos</p> <p>Toxic Dads Article</p>	2,3,4
10.11	<p>10.11 The student will explain the importance of supportive roles of the mother and father through pregnancy and birth.</p> <p><u>Descriptive Statement:</u> Topics for discussion include the responsibilities of each parent in relation to proper prenatal care; the effects of heredity; possible abnormal outcomes such as miscarriage, birth defects, still-birth, and premature birth; and the stages of fetal development prior to birth.</p>	PE	<p>Toxic Dads Article, Prenatal parenting worksheet, alcohol/drugs unit in 9th grade</p> <p>Toxic Dads Article</p> <p>Prenatal Parenting Handout</p>	2.3.4

10.12	<p>10.12 The student will describe available birthing options. <u>Descriptive Statement:</u> Prepared materials on childbirth education are primary resources. Birthing alternatives are examined.</p>	PE	Babies world parts 1-3, the miracle of life video	2-3-4
10.13	<p>10.13 The student will identify the stages of the birthing process. <u>Descriptive Statement:</u> The stages of the birthing process include the onset of the process and the three stages of labor and delivery-- dilation, birth, and expulsion of placenta.</p>	PE	The miracle of life video	2-3-4
10.14	<p>10.14 The student will analyze the skills and attitudes needed to become a competent parent. <u>Descriptive Statement:</u> Attitudes toward parenting styles are examined. Instruction also includes various parenting strategies described by authorities. Students have opportunities to identify parenting skills they wish to develop. Students will understand the importance of the parenting responsibilities of both the mother and father. Students will understand the benefits, challenges, responsibilities, and value of marriage in parenting. The student will be able to identify community and familial support systems that are available to parents. Students will understand the positive and negative effects of parenthood on mental health.</p>	PE	Parenting Styles worksheet (10th Grade) Parenting Styles	3-4
10.15	<p>10.15 The student will describe adjustments to be made after the birth of a child. <u>Descriptive Statement:</u> The newborn child as a source of joy and love is emphasized; however, the impact on the family of caring for a newborn infant is examined, including the effects on income, educational plans, leisure time, time available for sleep, and interpersonal relationships.</p>	PE	Babies world videos, Erik Erikson's 8 stages of psychosocial development	3-4
10.16	<p>10.16 The student will compile a list of community agencies and resources available to assist individuals and families. <u>Descriptive Statement:</u> Examples of community resources to be listed are mental health services, social services, religious organizations, private agencies, day-care centers, nursing homes, and the department of health. Hot lines for violence prevention, child abuse, child sex abuse, child sexual exploitation, sexual violence, child abduction, human trafficking, and suicide are identified.</p>	PE	We discuss with students who they should turn to if they are dealing with these issues...counselors,school nurse, administrators.	2,3,4
10.17	<p>10.17 The student will review the positive aspects of family life as a basic unit of society and as a means of personal development. <u>Descriptive Statement:</u> Instruction includes a review of family functions and forms, with particular emphasis on family interactions and the value of family relationships.</p>	PE	Values lesson in 9th grade, Erik Erikson's stages 6-7 in 10th grade Stages 5-8 All 8 Stages	2,3,4

	The family unit is described as a primary factor for the development of one's personality and for preparation for adulthood as either a married or a single person. The relationship of the family unit to the community and the world is stressed.			
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STANDARDS OF LEARNING OBJECTIVES AND DESCRIPTIVE STATEMENTS ELEVENTH GRADE

Grade Standard	What needs to be addressed?	Who is responsible for instruction?	What resources are being used?	Which qtr. is it addressed in?
11.1	<p>11.1 The student will evaluate individual strengths and weaknesses in relation to personal, educational, and career goals.</p> <p><u>Descriptive Statement:</u> Students are guided through a realistic self-assessment including working toward personal improvement, setting short- and long-term goals, formulating action plans, establishing priorities, and using school and community resources. Emphasis is placed on the variety of choices available to youth and the need for sound decision-making. The consequences of participating on of social media and the short- and long-term implications on goals will be discussed.</p>	PE	Career Units in 9th and 10th grade	2,3,4
11.2	<p>11.2 The student will relate major theories of human development to his or her own situation and/or developmental level.</p> <p><u>Descriptive Statement:</u> A review of the major theories of personal developmental stages is followed by analysis of each stage as it relates to the student's own development. Students are made aware that these are theories, that they are not all inclusive, and that they may or may not relate to the student's individual life.</p>	PE	Erik Erikson's 8 Stages of Psychosocial Development Stages 1-4 Stages 5-8 All 8 Stages	3-4
11.3	<p>11.3 The student will recognize advantages of abstinence from premarital sexual relations, reinforcing methods of saying "no" to undesirable behavior.</p> <p><u>Descriptive Statement:</u> The physical, emotional, social, psychological, and economic consequences of premarital sexual relations continue to be stressed, and students' progress in the development of assertive skills, including methods of saying "no" in ways that enable them to resist pressure from other teenagers and manage their own feelings and behavior. Instruction includes an emphasis on the law and meaning of consent and an understanding that consent is required before sexual activity.</p>	PE	Erik Erikson's 8 Stages of Psychosocial Development Stages 1-4 Stages 5-8 All 8 Stages	3-4

11.4	<p>11.4 The student will explain how mass media, television, and the Internet can have both positive and negative effects on the development to individuals--children, adolescents, and adults.</p> <p><u>Descriptive Statement:</u> Content includes types of messages conveyed on television, movies, in song lyrics, and on the Internet; techniques for analyzing programs and commercials; and strategies for evaluating media offerings according to their potential to entertain, to educate, to reinforce concepts, to guide or misguide behavior, to lure potential human trafficking victims, and to promote violence. Students will demonstrate how these messages affect mental health issues.</p>	PE	Erik Erikson's Stages.Freud's terms: magical thinking and imaginary audience.	3-4
11.5	<p>11.5 The student will express his or her own attitude toward parenting.</p> <p><u>Descriptive Statement:</u> This centers on the student's own opinions about parenthood--possible reasons for becoming a parent, realistic role expectations for parenthood, and parental responsibilities. It also includes discussion of the responsibilities of parents who have children with characteristics that may be displeasing to the parent(s). Students will demonstrate the skills needed to utilize positive mental health practices in parenthood.</p>	PE	Erik Erikson's 8 Stages of Psychosocial Development, Parenting Strategies Stages 1-4 Stages 5-8 All 8 Stages	2,3,4
11.6	<p>11.6 The student will develop skills in making parenting decisions.</p> <p><u>Descriptive Statement:</u> Students explore the relationship between personal and family development and planning for parenthood. They analyze the factors to be considered in family planning, such as education, career development, finances, marriage preparation and maturity.</p>	PE	parenting styles sheet and discussion Parenting Styles Parenting Senarios	3-4
11.7	<p>11.7 The student will classify the major problems, issues, and decisions related to each stage of the family life cycle.</p> <p><u>Descriptive Statement:</u> The life cycle and how it applies to individuals and families is covered along with developmental tasks and needs of individual family members.</p>	PE	Erik Erikson's 8 Stages of Psychosocial Development Stages 1-4 Stages 5-8 All 8 Stages	3-4
11.8	<p>11.8 The student will identify parenthood options in terms of questions to be answered and decisions to be made.</p> <p><u>Descriptive Statement:</u> Discussion includes readiness to be a parent; family planning issues and spacing of children; choices resulting from infertility, genetic factors, and birth defects; and expenses associated with parenthood. Discussion also includes the positive aspects of parenting for the individual and for society.</p>	PE	Toxic dads article, baby's world videos, prenatal parenting worksheet Toxic Dads Article Prenatal Parenting Handout	3-4
11.9	<p>11.9 The student will describe characteristics of newborn infants.</p> <p><u>Descriptive Statement:</u> Characteristics include physical appearance, medical tests to</p>	PE	Babies World Videos	3-4

	assess normalcy, observable infant behavior, emotional and physical needs of the child, and decisions related to circumcision.			
11.10	<p>11.10 The student will recall ways to cope with common fears and concerns regarding the care of newborn infants.</p> <p><u>Descriptive Statement:</u> The emphasis is on parent-child issues, such as bonding, special care requirements, feeding schedules, stress, Sudden Infant Death Syndrome (SIDS), sleep patterns, colic, apnea, medications, illness, post-partum depression, and breast and bottle feeding. Positive and negative effects of parenthood on mental health will be discussed.</p>	PE	Babies World Videos, Erik Erikson's 8 Stages of Psychosocial Development Stages 1-4 Stages 5-8 All 8 Stages	3-4
11.11	<p>11.11 The student will describe the adjustments family members face in the postnatal period.</p> <p><u>Descriptive Statement:</u> Adjustments to be considered include how the baby's needs affect other family members and their schedules. Consideration is given to the expectations of relatives and to adult needs for privacy, recreation, and time with other children. The issue of sibling rivalry is also discussed.</p>	PE	Babies world videos, class discussion on parenting styles and how roles can change with the birth of a child	
11.12	<p>11.12 The student will explain the stages of growth and development in children.</p> <p><u>Descriptive Statement:</u> Topics included are the growth patterns of children, behavior patterns to be expected as children develop, and appropriate parent responses in reacting to and in guiding children's behavior.</p>	PE	Erik Erikson's 8 Stages of Psychosocial Development Stages 1-4 Stages 5-8 All 8 Stages	3-4
11.13	<p>11.13 The student will calculate the personal considerations and financial costs of childbearing.</p> <p><u>Descriptive Statement:</u> This includes the following considerations: the economic costs of raising a child, including the expenses of medical care before and after pregnancy; the costs of educating a child; the social considerations, including the investment of time and energy needed for quality child care; and the opportunity considerations, such as staying home to care for a child rather than pursuing an education or a career. This is balanced with discussion regarding the rewards of having children.</p>	PE	STI video - 9th grade	2,3
11.14	<p>11.14 The student will identify criteria for selecting adequate child-care services.</p> <p><u>Descriptive Statement:</u> This is achieved by guiding the student in identifying child-care alternatives and in establishing guidelines for selecting appropriate care, considering pre-school education, after-school day care, the problems of children in self-care ("latchkey") situations, and the need for quality and quantity of time in maintaining the</p>	PE	Class Discussion	3-4

	physical and mental well-being of the child.			
11.15	11.15 The student will analyze community resources to meet specific needs. <u>Descriptive Statement:</u> This analysis focuses on community healthcare resources, employee benefits and programs, support agencies and services, sources of educational information about child care and parenting, and family planning resources.	PE	Class Discussion	3-4

STANDARDS OF LEARNING OBJECTIVES AND DESCRIPTIVE STATEMENTS TWELFTH GRADE

Grade Standard	What needs to be addressed?	Who is responsible for instruction?	What resources are being used?	Which qtr. is it addressed in?
12.1	12.1 The student will describe the value of the home and family as primary sources of enrichment and personal renewal. <u>Descriptive Statement:</u> Content focuses on the importance of home and family as a support system, as a nurturing influence in developing values and attitudes, as an example or role model for the student's future home and lifestyle and the value of family relationships.	PE	Values unit - 9th grade	2,3
12.2	12.2 The student will analyze the effects of cultural and family patterns on individual and family development. <u>Descriptive Statement:</u> Topics such as kinship, family cultural background and customs, family religious traditions, and the changing family in today's society are analyzed.	PE	Class Discussion	3-4
12.3	12.3 The student will describe types of adjustments and sources of conflict in interpersonal relationships. <u>Descriptive Statement:</u> Students learn that adjustments in relationships are to be expected and are not all bad. Instruction also includes common problems, commitment to the relationship, communication skills, decision-making strategies, compromise, positive mental health practices and other methods of conflict resolution. The importance of privacy and boundaries for self and others is discussed as well as tools to ensure students respect the personal privacy and boundaries of others. Content shall also focus on the prevention of sexual harassment using electronic means.	PE	Class Discussion, Erik Erikson's adolescent stage Stages 5-8 All 8 Stages Adolescence Stage Handout	3-4
12.4	12.4 The student will explain how parental responsibilities change throughout the family life cycle.	PE	Erik Erikson's 8 Stages of Psychosocial Development, Babies World, Parenting	3-4

	<p><u>Descriptive Statement:</u> The following topics are reviewed: the family life cycle; family structures; cultural and religious influences on parental behavior; psychosocial developmental stages; the developmental tasks of parents and children through the life cycle; strategies for parenting; nutritional needs of family members throughout the life cycle; family roles and responsibilities at various stages; and conflict resolution.</p>		<p>Strategies Stages 1-4 Stages 5-8 All 8 Stages Parenting Styles Parenting Senarios</p>	
12.5	<p>12.5 The student will recognize the challenges of individuals with disabling conditions and ways in which families can be sensitive to and make adjustments for these needs. <u>Descriptive Statement:</u> The emphasis is on managing and coping with the mental, emotional and financial stress brought on by the special needs of individual family members with such conditions as chronic illness, physical, mental and emotional handicaps, and learning disabilities. The use of community resources, educational institutions, and personal skills is included.</p>	PE	<p>Toxic Dads, Class Discussion, Eating Disorder Video Toxic Dads Article</p>	3-4
12.6	<p>12.6 The student will develop a plan for managing resources in the home. <u>Descriptive Statement:</u> This involves developing a household budget that achieves family goals. Time and energy management and the role of personal skills also are discussed.</p>	PE	<p>Class Discussion, (In talks with personal finance instructor about blending units)</p>	3-4
12.7	<p>12.7 The student will interpret state laws that affect family life. <u>Descriptive Statement:</u> Current laws in Virginia are reviewed, as well as any pending legislation affecting individuals and families regarding marriage, divorce, adoption, mental health, child abuse, sexual abuse, sexual violence, assault, human trafficking, and legal responsibilities of parents.</p>	PE	<p>Class Discussion</p>	3-4
12.8	<p>12.8 The student will identify ways of preventing and/or coping with various types of violence and abuse. <u>Descriptive Statement:</u> Content includes issues associated with dating violence, spouse abuse, sexual assault, sexual violence, human trafficking, physical and verbal child abuse, family violence, electronic harassment, and abuse of the elderly and disabled; violence prevention strategies, and identification of local support groups and agencies. Emphasis is placed on abuse as an unacceptable form of behavior that should not be tolerated. The need to report violence to appropriate authorities and agencies is presented as well as methods of reporting. Students will understand why it is important to report violence and abuse to the proper authorities and/or agencies and how to report it safely. Instruction also includes information about the harmful effects of female genital</p>	PE	<p>Class Discussion</p>	3-4

	<p>mutilation, associated criminal penalties, and the rights of the victim including civil action. Instruction may also address the prevention and recognition of child abduction, child abuse, child sexual exploitation, and child sexual abuse. Students will demonstrate the ability to seek mental health services as needed when coping with violence.</p>			
12.9	<p>12.9 The student will analyze stress and crisis situations which affect family life. <u>Descriptive Statement:</u> Stress situations and crises in the family are emphasized, particularly parental crises, death and dying, substance abuse, the termination of a marriage, role changes, job conflicts, loss of income, and serious illness. Students learn ways to prevent and manage such situations and crises and to ensure that the final outcome is positive. Students will demonstrate the ability to seek mental health services as needed when coping with violence.</p>	PE	<p>Erik Erikson's 8 Stages of Psychosocial Development Stages 1-4 Stages 5-8 All 8 Stages</p>	3-4
12.10	<p>12.10 The student will identify procedures and criteria for assessing community resources that deal with individual and family problems. <u>Descriptive Statement:</u> Students learn how to locate community resources and how to evaluate them in selecting appropriate assistance with individual and family problems.</p>	PE	<p>Class Discussion, we also have access to the school counseling department</p>	3-4
12.11	<p>12.11 The student will describe the benefits for saying "no" to premarital sexual activity. <u>Descriptive Statement:</u> The student progresses in assertive skills associated with saying "no" and knows the physical, emotional, social, psychological and economic implications of premarital sexual relations. Instruction includes the law and meaning of consent and an increased awareness that consent is required before sexual activity.</p>	PE	<p>Class Discussion</p>	3-4
12.12	<p>12.12 The student will prepare a plan for the fulfillment of lifelong goals. <u>Descriptive Statement:</u> Each student develops a plan designed to achieve the goals previously identified and based on the self-assessment activity in the eleventh grade. The plan includes strategies for attaining personal, educational, and career goals. The student continues to be made aware of the variety of opportunities and choice</p>	PE	<p>Class Discussion</p>	3-4