

## **Smyth County Family Life Education Curriculum**

Family Life Education is designed to assist young people in their physical, social, emotional and moral development as they prepare for adulthood, marriage, parenthood, and ageing as well as their social relationships in the sociocultural context of the family and society.

## **Goals of Family Life Education**

Family Life Education is a continuing process of instruction and guidance and should contribute to the overall goals of the educational program. The following goals have been selected to assist school divisions in developing family life education programs that help the student to:

1. Develop appreciation of the roles played by family members and recognize the ways in which these roles change and interact with each other
2. Understand the interpersonal attitudes, skills, and responsibilities that strengthen effective family life
3. Develop interpersonal skills for effective family life
4. Develop a positive self-concept
5. Grow in understanding of self and others
6. Understand his/her physical and emotional growth and development
7. Understand how reproduction occurs and life begins-plants, animals, humans
8. Understand that heredity and environment influence growth and development
9. Understand and develop a wholesome attitude toward human sexuality as a basic factor throughout life
10. Recognize advantages of abstinence from premarital sexual activity and reinforcing methods of saying "no" to undesirable behavior
11. Develop insights and values regarding human sexuality
12. Prepare a suitable foundation for responsible adulthood

## Program Assurances

1. Family Life Education is an integral part of the existing health curriculum.
2. Administrative and instructional personnel should be sensitive to the concerns of parents and the general public.
3. The focus of the program should be helping students feel good about themselves and to make important decision from a base of factual information.
4. Students should be referred to their family for responses to questions that require answers beyond the scope of the program or involve religious values.
5. Teachers should convey positive and supportive attitudes toward the family as the basic unit of our society.
6. Teachers should be supportive of community values, i.e., that abstinence is the best choice for teenage boys and girls.
7. No formal evaluation procedures should be used in the program. In high school classes, attendance and participation should serve as criteria for credit.
8. Teachers will ensure that the religious and family values of all students are respected.
9. Abortion as a moral issue will not be discussed at any level. Abortion will not be presented as a means of birth control. Questions should be referred to parents.
10. Questions about homosexuality as a life-style should not be discussed.
11. Questions not covered in the curriculum should be referred to parents.
12. Teachers should avoid discussion of various "life styles".
13. Substitute teachers should not be assigned to teach family life education objectives.
14. Instruction in Family Life Education should encompass only the written objectives and recommended materials. Only use recommended materials when teaching sensitive objectives.
15. Teachers should be respectful of the students' sexuality and avoid embarrassing or humiliating them by word, deed or gesture.

16. Teachers should avoid allowing students talk about personal matters in class and should refer those matters back to the parent, guidance counselor or school nurse.
17. Teachers should safeguard materials related to sensitive areas that are identified by grade levels.
18. The program should be continually evaluated in terms of realization of goals and in meeting the needs of students.
19. The program should be revised and amended on a regular basis in view of evaluation findings.

## **Family Life Education Philosophy**

The Family Life Education Community Involvement Team has based the production of the curriculum on the following assumptions and beliefs:

13. The family is a basic unit of society.
14. Everyone is a member of a family.
15. Family membership is diverse
16. Parents perceive themselves as the primary teachers of family life education. The school plays a roll supportive to home and church. Family life education should not be taught in isolation, but included as a component of the health, science, and/or social studies program.
17. Modern society places heavy pressure on young people to make informed decisions about their lives, especially as it relates to the physical and emotional consequences of early involvement in sexual activities.
18. Premarital and inappropriate sexual relationships often lead to detrimental effects such as sexually transmitted diseases, unwanted pregnancy, infant mortality, psychological (reputation, self-esteem, etc.), social, economic and physical consequences.
19. Informed decision-making and assertive behaviors are associated with well developed self-confidence and self-esteem.
20. Skills and competencies that influence a positive self image and a wholesome attitude toward sex can be identified and included in the family life curriculum.
21. To provide factual information is not to advocate irresponsible behavior, but to prepare students for making informed, mature decisions.
22. Community involvement and support is critical to the success of the program.
23. The foundation goal for the program is **abstinence**. Students must understand the importance of delaying sexual activity until marriage. They must understand the importance of saying “no” to premarital sex.

## **SUGGESTED STEPS IN DEALING WITH DIFFICULT (SENSITIVE) QUESTIONS ON SEXUALITY**

1. Listen carefully to all questions. Note key words, concepts and tone of question.
2. Relax and reflect on the question. Determine whether the question is for factual information, opinion or judgment.
3. Restate the question to the questioner to be certain just what the question really is. If the question is clear to all, then several options may be presented as follows:
  - a. If the question relates to factual information, then the instructor should provide the answer(s) to the best of his ability.
  - b. If the information is not readily available, then the instructor should admit this fact and offer to help the student find the information if it appears to be important.
  - c. If the question is one of opinion, the instructor may feel that he is not prepared to offer an opinion or a value judgment, and should say so.
  - d. If appropriate, a question about values, morals or opinions may be referred to a more appropriate source, such as a minister, parent, counselor, or a physician, etc.
4. Answer the question. Within the conditions set forth above, an answer should be given to the student.
5. Check the student's understanding and comprehension of the answer. Ask "Do you understand what I'm saying?" Then ask the student to give back the basic elements of the answer to check his comprehension.
6. Correct any errors of omission or interpretation the student may have.
7. Reinforce the student by complimenting him on asking a "good" question or showing interest in the subject or issue at hand.

## **ADDITIONAL GUIDELINES FOR DEALING WITH SENSITIVE QUESTIONS:**

1. It is important to recognize the grade level and/or level of maturity of students. What is appropriate for the 10<sup>th</sup> grade may not be very appropriate for an earlier grade level.
2. The cultural mores and value systems in a given community or sub-culture need to be kept in mind.
3. Teachers need to know and feel the type of support system that is involved in teaching any aspect of sexuality or other "sensitive" issues. The approved policies and procedures of the school or institution should be well known and understood. There should be evidence of parental, community and administrative support for whatever is taught in classes.

**ABSTINENCE: THE STRONGEST MESSAGE  
STRATEGIES FOR CONVEYING ABSTINENCE AS THE STRONGEST MESSAGE  
FOR  
CHILDREN AND ADOLESCENTS**

1. Provide opportunities for development of abstinence as a “priority value”.
2. Use a non-threatening approach.
3. Use appropriate relationship of universal values to the value of abstinence.
4. Encourage the use of critical thinking skills.
5. Provide opportunities for the development of “responsible” decision-making skills.
6. Encourage the use of assertiveness skills to deal effectively with tempting high risk activities.
7. Offer ongoing training and support systems for parents, the primary teachers of children.
8. Use comprehensive approach to conveying abstinence as a “priority” value, as the strongest message for children and adolescents at home, school, church and throughout the entire community.
9. Believe in children’s and adolescents’ potential to abstain from high-risk behaviors.
10. Praise, encourage and acknowledge children and adolescents as much as possible. This promotes self-esteem. Research shows that people who feel good about themselves tend to think for themselves and avoid getting involved in high-risk behaviors by having abstinence as a value.



## **SITUATIONS AND BEHAVIORS THAT PROMOTE ABSTINENCE**

Double date or go out in groups.

Seek friends who share your interests and values.

Date individuals your own age.

Avoid going to friend's house when an adult is not present.

Try to do more activities that include your parents and your friend.

Get involved in hobbies and youth enrichment activities.

Establish attainable goals and plan action steps to achieve them.

Write love letters to a friend you like of the opposite sex.

Save single dating until the junior and high school years.

Don't accept invitations to engage in high-risk activities that automatically signal danger, such as parking in dark secluded places, listening to sexually explicit music or watching sexually oriented movies.

Practice saying "no" assertively when you need to and "yes" when the behavior is not high-risk.

## **BEHAVIORS AND SITUATIONS THAT PROMOTE HIGH-RISK SEXUAL ACTIVITIES**

Hanging around friends who are sexually active.

Having friends of the opposite sex over to your house when parents are not home.

“Hiding out” at parties.

Attending unchaperoned parties.

Heavy petting and lying down while kissing.

Going steady.

Getting drunk or high.

Viewing or listening to sexual explicit movies or music that stir up sexual feelings.

**MJK-FLE-SDE-5-89**

## **HARSH CONSEQUENCES OF PREMARITAL ADOLESCENT SEXUAL INTERCOURSE**

Feelings of guilt for lying to parents about sexual behavior.

A reputation for being “loose” or “easy”.

Sexually transmitted diseases.

Adolescent pregnancy and parenthood.

School drop out.

Low paying jobs.

Poverty.

Depression.

## **POPULAR HIT LINES AND SUGGESTED ASSERTIVE REPLYS TO USE**

LINE: “If you really love me, you’d do it.”

REPLY: “If you really loved me, you would respect – my decision to abstain until marriage. You would not pressure me to participate in an uncomfortable activity.

LINE: “All of your friends are doing it.”

REPLY: “Some may be, but most of my friends are not. Besides, I think for myself and I don’t have to do what other’s do.”

LINE: “You owe it to me baby.”

REPLY: Thank you for what you have given or done for me. Next time I’ll treat you. Besides, I don’t owe you anything.”

LINE: “Live for the moment, O tomorrow is not promised to you.”

REPLY: This is true. But most likely I will – live to see tomorrow and many more tomorrows. I will make my decision today based on how it will affect my life tomorrow.

**MJK-FLE-SDE-5-89**

## **DEVELOPMENTAL TASKS OF ADOLESCENTS**

Learning to get along with friends of both sexes

Accepting one's physical body and keeping it healthy

Becoming more self-sufficient

Making decisions about (future) marriage and family life

Preparing for a job or career

Acquiring a set of values to guide behavior (including self-respect or self-esteem)

Becoming socially responsible

## **BASIC VALUES**

Equality

Self-control

Respect for others

Responsibility

Honesty

Promise-keeping

Self-respect or self-esteem, including reputation

Dependability

Trustworthiness

Justice and Fairness

## **CHARACTERISTICS AND DEVELOPMENTAL TASKS OF ADOLESCENTS**

Developing self-identity

Seeking peer acceptance

Concern with body image

Seeking relationship with opposite sex

Striving for independence

Experiencing mood changes and unpredictable reactions

Experimenting with "adult" behavior

Primarily present-oriented

Seeking successful experiences

Formulating sex role identity

Developing a value system

Concern with career choices and lifestyles

## **ADOLESCENT RISK-TAKING ACTIVITY: CONTRIBUTING FACTORS**

Early puberty

Developing cognitive ability

Lack of maturity in handling peer pressure

Inadequate development of moral/value system

Lack of self-esteem and goal orientation

## **ADOLESCENT HIGH-RISK BEHAVIORS**

Premarital sexual intercourse

Early Marriage

Drug abuse

School drop out

Run away from home

Crime

Suicide

**M.J. Kelly 5-89**







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## CRIMINAL OFFENSES and LAWS RELATED TO FAMILY and SEX PREPARED FOR SMYTH COUNTY SCHOOLS FAMILY LIFE CURRICULUM

**April 25, 2005**

(Child=Juvenile=Minor=person not yet 18)

### Violent Crime

- 18.2-31 **Capital murder** includes
  - (5) willful, deliberate and premeditated killing of any person in the commission of, or subsequent to, rape or attempted rape, forcible sodomy or attempted forcible sodomy or object sexual penetration;...
  - (11) willful, deliberate and premeditated killing of a pregnant woman by one who knows that the woman is pregnant and has the intent to cause the involuntary termination of the woman's pregnancy without a live birth; (18.2-32.1 same w/o premeditation: 10 to 40 yrs)
- 18.2-32.2 **Unlawful Killing of a fetus:**
  - Premeditated: 20 to Life;
  - not premeditated: 5 to 40 years
- 18.2-51.2 **Wounding** (felonious assault) **of pregnant woman** carries possible life sentence if injury causes termination of pregnancy
- 18.2-57.2 **3<sup>rd</sup> misdemeanor assault & battery** becomes a felony when victim is family or household member
- 18.2-57.3 Assault & battery of family or household member, first offense may be dismissed after period of probation

## Sex Offenses

18.2-61

### **Rape:**

Sexual Intercourse = vaginal penetration by the penis  
by force threat or intimidation; or  
physical or mental helplessness

Force is presumed if victim is under 13

18.2-63

### Carnal knowledge ("**statutory rape**")

#### Consensual

Sexual Intercourse or  
Cunnilingus or  
Fellatio or  
Analingus or  
Anal Intercourse or  
Animate object sexual penetration or  
Inanimate object sexual penetration

Victim is 13 to 15

Penalty: 2 to 10 years if perpetrator is 18 or older  
0 to 5 years if perp is minor and more than 3  
yrs older than victim

up to \$500 fine if perp is under 18 and  
less than 3 years older than victim

Dismissed if victim is 14 or older and marries the perp  
who supports the victim till 16

18.2-67.1

### Forcible **Sodomy**

Cunnilingus or  
Fellatio or  
Analingus or  
Anal Intercourse

Victim is not spouse of perpetrator

by force threat or intimidation; or  
physical or mental helplessness

Force is presumed if victim is under 13

Penalty: 5 yrs to Life

18.2-67.2 **Object Sexual Penetration**

Penetration of victim's labia or anus

Victim and perpetrator not spouses

by force threat or intimidation; or  
physical or mental helplessness

Force is presumed if victim is under 13

Penalty: 5 yrs to Life

18.2-67.2:1 **Marital Sexual Assault**

Spouses

Non-consensual

Sexual Intercourse or  
Cunnilingus or  
Analingus or  
Anal intercourse or  
Object sexual penetration

By force, threat or intimidation

Penalty: 0 to 20 years

18.2-67.3 **Aggravated Sexual Battery**

Sexual Abuse of any person

- under 13 or
- by victim's mental incapacity or
- force threat or intimidation or physical helplessness
  - of person 13-15 or
  - serious bodily injury or
  - threat to use dangerous weapon

Penalty: 1 to 20 years

18.2-67.4 **Sexual Battery**

Sexual Abuse  
Non consensual  
By force, threat, intimidation, ruse,  
Mental incapacity or physical helplessness

Penalty: up to 12 months in jail

18.2-67.4:1 **Infected Sexual Battery**

sexual intercourse  
cunnilingus  
fellatio  
analingus or  
anal intercourse

perpetrator knows he has HIV or syphyllis or hepatitis B

Penalty: up to 12 months in jail;  
If with intent to transmit disease: up to 5 yrs.

18.2-67.5 **Attempt** Rape, forcible sodomy, object penetration: 2 to 10 yrs  
**Attempt** aggravated sexual battery: up to 5 yrs  
**Attempt** sexual battery: up to 12 months

18.2-67.5:1 **3<sup>rd</sup>** sexual offense misdemeanor becomes a **felony**

18.2-67.5:2, :3 **2<sup>nd</sup> felony sexual offense:** penalty is whatever is  
maximum, mandatory; life in some cases

18.2-67.9 **Child victims** can use closed circuit tv for testimony

18.2-67.10 **Definitions,** include:

Intimate parts = genitalia, anus, groin, breast, buttocks

Sexual abuse = act committed with the intent to sexually  
molest, arouse, or gratify any person by:  
Touching victim's intimate parts or material  
covering

Mental incapacity: victim does not understand nature or  
consequences of sexual act

Physical helplessness: unconsciousness or condition  
rendering victim unable to say no

## **Abortion**

- 18.2-71 **Producing abortion or miscarriage** except as allowed by law  
2 to 10 yrs
- 18.2-71.1 **Partial birth infanticide**  
Killing of infant born alive but not completely extracted  
from mother  
2 to 10 yrs
- 18.2-72 **Abortion legal by physician** during **1<sup>st</sup> trimester**
- 18.2-73 **Abortion legal by physician in licensed hospital during 2<sup>nd</sup> trimester**
- 18.2-74 Abortion legal by physician in licensed hospital during **3<sup>rd</sup> trimester** if 3 physicians agree that pregnancy will likely kill the mother or cause irremediable mental or physical damage to mother
- 18.2-74.1 Abortion **always legal to save mother's life**
- 18.2-75 **Conscience clause:** hospital, medical staff cannot be required to perform abortion if ethical, etc objection
- 18.2-76 Abortion **requires informed consent** of woman  
If incapacitated, by parent or guardian of woman
- 18.2-76.1 Encouraging or **Promoting illegal abortion up to \$500 fine**

## **Family Offenses**

- 18.2-314 **Parent failing to secure medical attention for child injured by household member:**  
up to 12 months in jail
- 18.2-362 **Bigamy**  
Marrying while still married to another  
Penalty: 2 to 10 yrs
- 18.2-364 **Spouse absent and believed dead for 7 continuous yrs**  
Ok to remarry

- 18.2-365    **Adultery**  
Sexual intercourse by a married person with someone not his/her spouse = fine of up to \$250
- 18.2-366    **Incest**  
Sexual intercourse with daughter, granddaughter, son, grandson, father, mother  
Penalty: up to 10 yrs  
5 to 20 yrs if grandparent/grandchild 13 to 18 yrs old
- 18.2-368    **Pandering**  
leaving your wife at a place to be a prostitute  
Penalty: 2 to 10 yrs
- 18.2-369    **Abuse/neglect of incapacitated adult**  
Deliberately cause pain or injury  
Restrain or confine as punishment or convenience  
Fail to provide treatment, care, goods & services  
  
Victim is 18 or older and lacks capacity to make or communicate reasonable decisions concerning his/her well-being  
  
Penalty: up to 12 months  
Up to 5 yrs for second offense  
2 to 10 yrs if serious injury or disease results
- 18.2-370    **Indecent Liberties**  
Perp is 18 or over  
Victim is 14 or less  
  
Expose genitalia or propose that child do so; or  
Propose fondling of genitalia; or  
Propose sexual intercourse; or  
Invite child to enter vehicle, room, etc for any of the above; or  
Encourage or receive \$ to encourage performance in sexually explicit material  
  
Penalty: up to 10 yrs  
2 to 10 yrs for second offense  
18.2-370.1: up to 5 yrs if perp is parent or other custodian of victim

- 18.2-370.01      **Indecent liberties by children**  
Perpetrator is over 13, under 18  
Victim is under 14 and more than 5 yrs younger  
than perp.  
Exposes genitalia or proposes same  
Penalty: Up to 12 months
- 18.2-370.2      **Proximity**  
For offenses on or after 7/1/2000  
Anyone convicted of listed sex offenses is forever  
prohibited from loitering within 100 ft of  
primary, secondary or high school
- Penalty for Violation: up to 5 yrs
- 18.2-371      **Contributing to delinquency of child**  
Penalty: Up to 12 months
- 18.2-371.1      **Abuse/neglect of children**  
Serious injury or refusal to provide care  
Class 4 Felony
- 18.2-371.2      **Tattoo or body piercing of minor**  
Class 2 misd unless medical professional or parental  
supervision

### **Obscenity**

- 18.2-372      **Obscene** = has as its dominant theme a morbid  
interest in sex
- 18.2-374      **Distribution** of obscene material  
-375      Class 1 misd for 1<sup>st</sup> offense  
Class 6 Fel for 2d offense  
Class 5 Fel if juvenile is involved
- Additional charge if computer is used
- 18.2-374.1:1      **Possession of Child Pornography**  
Class 6 Fel 1<sup>st</sup> offense  
Class 5 Fel 2d or subseq.

- 18.2-374.3 **Use computer in pornography**  
 Class 6 Fel to promote child porn  
 Class 5 Fel to solicit child to be involved
- 18.2-382 **Taking obscene photos** of self or other person for  
**distribution**  
 Class 3 misd
- 18.2-383 Obscenity rules **do not apply to literature, art or**  
**performance** supported by public appropriation
- 18.2-386.1 **Photo** or film of **person nude w/o consent** (rest rooms,  
 tanning beds, etc.)  
 Class 1 misd  
 Class 6 Fel if subject is minor
- 18.2-387 **Indecent Exposure**  
 Class 1 misd  
 Breastfeeding excepted
- 18.2-391 **Sale of Porn to Juv** Class 1 misd

## **Marriage**

- 20-13 **License and solemnization required**  
 -28 up to 1 yr in jail to celebrate marriage w/o license
- Virginia does **not** recognize "**common law marriage**"
- 20-23, -25, **Solemnization** may be by **minister, judge**, accepted  
 -26 member of religious society that has no  
 minister, or other person appointed  
 by judge
- 20-31 Defects in license or in qualification of person performing  
 marriage are cured if the marriage is otherwise lawful and  
 parties believe they have been lawfully married
- 20-31.1 **Marriage of parents makes child legitimate** even if  
 marriage later deemed void



- 20-38.1, **Prohibited marriages:**  
 -43, -45.1 -marriage before previous marriage is dissolved  
**(bigamy)**  
 -between **ancestor and descendant, brother or sister**, half or whole blood or adoption  
 -between **uncle/neice, aunt/nephew**, half or whole
- carries up to 6 months jail time and marriage is void
- 20-45.1 **Marriage void** when **either party mentally unable to consent** at the time
- 20-45.2 **Same sex marriage, civil unions prohibited**; if entered into  
 -45.3 in another state, not recognized in VA
- 20-48 **Minimum Age is 18**, 16 w/consent of parent  
 -45.1
- 20-49.1 Court can order **genetic testing to establish paternity**
- 20-61 **Refusal to support spouse or children:** up to 12 months in jail

### **Divorce and Annulment**

- 20-89.1 **Annulment:** H or W sues to have marriage declared void for one of the above reasons (among others); different from divorce: annulment is as if the marriage never occurred
- 20-91 **Divorce Grounds**  
 -adultery, sodomy or buggery outside the marriage  
 -conviction of a felony and confined for more than one year  
 -cruelty or desertion plus one year separation  
 -"no-fault", i.e. separation for one year (6 months if no minor children and H&W have separation agreement)
- 20-107.1-.3 In divorce, court decides **property division, custody** and **visitation** of children, who **supports** whom and for how much \$

20-148 Pre-marital agreements ("**pre-nup**") agreement between prospective spouses in contemplation of marriage as to property split, support if there's a divorce

20-155 **Marital Agreements:** like a pre-nup, but for married persons

### Miscellaneous

20-158 **Children of Assisted Conception**  
Mother is gestational mother  
Father is deemed to be husband of gestational mother

20-159 **Surrogacy Contracts** – must be approved by court

16.1-331 **Emancipation**

At **16**, a minor may petition court to be emancipated if  
-has entered into a **valid marriage**, or  
-is on **active duty** with armed forces of US, or  
-willingly lives **separate from parents** and is **supporting himself** and managing own financial affairs

9.1-902 et seq. **Sex Offender Registry**

Persons convicted of certain sex offenses must register regularly with Virginia State Police  
-noncompliance is a felony  
-violent offenders must be on the **internet** (**sex-ffender.vsp.state.va.us/Static/Search**);  
-all offenders' names are available upon appropriate request to VSP  
-new residents must register their offense w/in 10 days

## PENALTIES

### § 18.2-11 Misdemeanor

<u>Class</u>	<u>Time</u>	<u>Fine</u>
1	up to 12 mos jail and/or	up to \$2500
2	up to 6 mos jail and/or	up to \$1000
3	none	up to \$500
4	none	up to \$250

### § 18.2-10 Felony

<u>Class</u>	<u>Time</u>	<u>Fine</u>
1 (Capital)	Death* or Life and	none up to \$100,000
2	20 yrs to Life and	up to \$100,000
3	5 to 20 yrs and	up to \$100,000
4	2 to 10 yrs and	up to \$100,000
5	1 to 10 yrs or up to 12 mos in jail and/or	none up to \$2500
6	1 to 5 yrs or up to 12 mos in jail and/or	none up to \$2500

\*Death penalty cannot be imposed if defendant was under 16 at time of offense or is mentally retarded

Virginia has abolished parole for felonies so they must pull at least 85% of their sentence, regardless of "good time."

For capital cases, life means life.

PROGRAM :

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