

**FAMILY LIFE EDUCATION
ELEMENTARY SCHOOL K-3
Parent Information Letter**

“Virginia's standards for family life education provide a comprehensive, sequential K-12 curriculum. They include age-appropriate instruction in family living and community relationships, abstinence education, the value of postponing sexual activity, the benefits of adoption as a positive choice in the event of an unwanted pregnancy, human sexuality and human reproduction. Instruction is designed to promote parental involvement, foster positive self-concepts and provide mechanisms for coping with peer pressure and the stresses of modern living according to the students' developmental stages and abilities.” (http://www.doe.virginia.gov/instruction/family_life_education/index.shtml)

All material taught in family life education is approved through and reviewed annually by the School Health Advisory Board for Hampton City Schools. Please review the summary of topics to be covered during Family Life instruction listed below. Parents and guardians have the right to review the Family Life Education program offered by their school division, including written and audio-visual educational materials used in the program. Each health and wellness educator maintains current materials electronically. To review the material, please contact your child’s health and wellness educator.

Parents and guardians also have the right to excuse their child from all or part of family life education instruction. ***If you do not wish your child to participate in Family Life, please submit a letter to your child’s teacher prior to the beginning of instruction.*** Please include your child’s full name and school name in the letter. All letters are kept for documentation purposes, so notes in the student planner are not acceptable. For those children opting out, the teacher will arrange for alternate health education lessons in place of the Family Life Education lessons. To stay in Family Life Education, no action is required on your part.

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Topics to be covered by grade level:

Kindergarten	FLE K.4 The student will recognize that everyone is a member of a family and that families come in many forms. FLE K.5 The student will identify members of his or her own family.
1th Grade	FLE 1.4 The student will develop an understanding of the importance of a family and of different family patterns. FLE 1.5 The student will identify family members and their responsibilities in contributing to the successful functioning of the family.
2nd Grade	FLE 2.7 The student will advance in readiness to say “no” and to tell a trusted adult, such as a parent, teacher, minister, grandparent, or guardian in private about inappropriate approaches from family members, neighbors, strangers, and others.
3rd Grade	FLE 3.11 The student will demonstrate to others how to respond appropriately to good touches and how to handle inappropriate approaches from relatives, neighbors, strangers, and others.

Family Life Education will be taught: _____

**FAMILY LIFE EDUCATION
ELEMENTARY SCHOOL 4th-5th
Parent Information Letter**

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Topics to be covered by grade level:

4th Grade	FLE 4.1 Able to identify human reproductive organs FLE 4.2 Identify physical changes that begin to occur in puberty FLE 4.4 Identify basic human emotions and effective ways of dealing with them
5th Grade	FLE 5.1 Define the structure and function of the endocrine system FLE 5.2 Identify the human reproductive organs in relation to the total anatomy FLE 5.4 Recognize the relationship between the physical changes that occur during puberty and the developing capacity for reproduction FLE 5.7 Describe the effects of personal hygiene on one’s self-concept FLE 5.9 Develop an increased understanding of the rules, duties, and responsibilities of family members.

Family Life instruction will take place _____.

**FAMILY LIFE EDUCATION
MIDDLE SCHOOL
Parent Information Letter**

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Topics to be covered by grade level:

Sixth Grade:

FLE 6.1 Personal Hygiene
FLE 6.3 Puberty
FLE 6.4 Sexually Transmitted Disease
FLE 6.5 HIV/AIDS
FLE 6.6 Human Reproduction
FLE 6.6 Benefits of Postponing Sexual Activity
FLE 6.8 Understanding Child Abuse & Neglect
FLE 6.8 Preventing Sexual Abuse

Seventh Grade:

FLE 7.2 Anatomy & Puberty
FLE 7.5 Media Messages & Internet Safety
FLE 7.6 Consequences of Teen Pregnancy
FLE 7.7 Consequences of Teen Sexual Activity
FLE 7.7 Benefits of Postponing Sexual Activity
FLE 7.8 Signs and Symptoms of Pregnancy
FLE 7.10 Preventing Sexual Assault
FLE 7.11 Sexually Transmitted Disease

Eighth Grade:

FLE 8.1 Stages of Human Development
FLE 8.1 Anatomy Review
FLE 8.5 Nature of Dating/Dating Violence
FLE 8.7 Abstinence Education
FLE 8.11 STI Prevention
FLE 8.11 Pregnancy Prevention
FLE 8.13 Sexual Assault /Human Trafficking
FLE 8.14 HIV/AIDS
FLE 8.10 Issues Related to Teenage Pregnancy

Family Life Education will be taught _____

FAMILY LIFE EDUCATION HIGH SCHOOL 9th & 10th

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Topics to be covered by grade level:

Ninth Grade:

FLE 9.1 Human Growth and Development
FLE 9.4 Decision-Making Process
FLE 9.5 Dating Violence & Characteristics of Abusive Relationships
FLE 9.6 Abstinence
FLE 9.7 Sexual Assault/Rape/Human Trafficking
FLE 9.9 Human Reproduction
FLE 9.10 Health Issues/Self-exam
FLE 9.11 Pregnancy Prevention
FLE 9.12 Sexually Transmitted Disease/HIV/AIDS

Tenth Grade:

FLE 10.2 Interpersonal Relationships
FLE 10.4 Decision-Making Process
FLE 10.5 Abstinence
FLE 10.8 Life Goal Planning, Contraception
FLE 10.9 Pregnancy
FLE 10.13 Birthing Process
FLE 10.14 Parenting Skills
FLE 9.5 Dating Violence & Characteristics of Abusive Relationships

Family Life instruction will take place _____.